



राष्ट्रीय प्रौद्योगिकी संस्थान मिज़ोरम  
**NATIONAL INSTITUTE OF TECHNOLOGY MIZORAM**  
(An Institution of National Importance under Ministry of Education, Govt. of India)

चलत्लांग, आइज़ोल, मिज़ोरम / CHALTLANG, AIZAWL, MIZORAM – 796012

Phone: 0389 - 2391236 / 2391774 / 2391699

Email: registraroffice@nitmz.ac.in

Website: www.nitmz.ac.in

No.: NITMZ/C-51-9/2026/ 2029

Date: 30 SEP 2026

**CIRCULAR**

With the approval of the competent authority, NIT Mizoram and in line with the decision of the 32<sup>nd</sup> HoDs Meeting dated 14.08.2026, **Full Body Checkup** for all regular employees of NIT Mizoram and their spouse shall be conducted at **M/s Genesis Laboratory, Aizawl, near Civil Hospital**, during **01.10.2026 to 31.10.2026**.

Details of Medical Tests which will be conducted are as mentioned below:

| Sl. No. | Name of Test                                                 |
|---------|--------------------------------------------------------------|
| 1       | Complete Blood Count (CBC) with PBS (Peripheral Blood Smear) |
| 2       | Kidney Function Test (KFT)                                   |
| 3       | Liver Function Test (LFT)                                    |
| 4       | Random Blood Sugar (RBS)                                     |
| 5       | Glycated Haemoglobin (HbA1c)                                 |
| 6       | Lipid Profile (Fasting)                                      |
| 7       | Thyroid Stimulating hormone (TSH)                            |
| 8       | Vitamin-D                                                    |
| 9       | Uric Routine Examination                                     |
| 10      | Uric Acid                                                    |
| 11      | Ultrasonography (USG)- Whole abdomen                         |

**Note: 1.** All the above tests can be done at any time as per the convenience of the employee on all working days including Saturday except for Sl. No. 11. For Ultrasonography – Whole abdomen, the timings shall be 9:00 AM to 4:00 PM on all working days and 9:00 AM to 1:00 PM on Saturday.

**2.** For lipid profile, it is advised to do the test while fasting.

Payment in this regard shall be made directly to the laboratory by the Institute.

(Prof. H. LALHMINGSANGA)

Registrar In-Charge

National Institute of Technology Mizoram

Copy to:

1. Director's Personal Branch, NIT Mizoram
2. Registrar's Personal Branch, NIT Mizoram
3. All Deans -Acad, P&D, SW, FW, R&C, Admin, NIT Mizoram
4. All HoDs – CE, ME, CSE, EE, ECE, BS&HSS, CIR NIT Mizoram
5. Assistant Registrar, NIT Mizoram
6. Dr. C. Lalengmawia, NIT Mizoram with a request to upload in Institute Website
7. General Physician, HCC, NIT Mizoram
8. Senior Superintendent and Superintendents, NIT Mizoram
9. Concerned File
10. Guard File

  
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